

Wenlock's Weekly Round-Up

'With God's love, we are lights for the world.'



KEY DATES

- **Monday 3rd February to Friday 8th February** - Year 6 Mock SATS week
- **Tuesday 4th February** - Year 3 and 4 Movie Night, 3.45 - 6.15pm, £3.50 includes a bag of sweets, BOOK VIA ARBOR SHOP
- **Thursday 6th February** - Year 5 and 6 Movie Night, 3.45 - 6.15pm, £3.50 includes a bag of sweets, BOOK VIA ARBOR SHOP
- **Thursday 6th February** - Invited children to attend Chiltern Academy Dance Workshops
- **Tuesday 11th February** - Invited children to attend Young Voices at the O2
- **Monday 17th February to Friday 21st February** - Half Term Holiday
Children return to school on Monday 24th February 2025
- **Monday 3rd March** - Wenlock Book Week, children can dress up as a favourite book character on Friday 7th March
- **Wednesday 5th and Thursday 6th March** - Parents' Evening - BOOKINGS OPEN SOON VIA ARBOR, please note that Alpha Class Parents' Evening will take place after the Spring holiday.
- **Monday 6th March to Friday 10th March** - Science Week

STUDYBUGS

- To date, only 51% of Wenlock Parents have signed up to Studybugs. By Easter we would like the take up to be 75%.
- Please download the free Study Bugs app if you have not already done so.



MOVIE NIGHTS

YEAR 3/4, TUESDAY 4TH FEB
3.45 - 6.15PM

YEAR 5/6 THURSDAY 6 FEB
3.45 - 6.15PM,
PLEASE BOOK VIA ARBOR SHOP



PARENT AND COMMUNITY GOVERNOR VACANCIES

There are vacancies for a Parent and Community Governor at the school.

Please email:

admin@wenlockacademy.co.uk, if you are interested. We would be delighted to answer any questions you may have.

ATTENDANCE

Well done to Aviary and Solar who achieved the highest attendance for last week at 97.93%

The attendance for the whole school was 95.08%

Our School target is 97%





We are a Nut Free school for the safety of our children with nut allergies We would like to remind parents that most chocolate spread contains hazelnuts. Please can you remember to not put chocolate spread in the children's lunch boxes.

Electrical Recycling



We have an electrical recycling collection bin in the reception area of the school. Please see the poster below regarding which items can be recycled.

Uniform Exchange



Level Trust are always grateful for donations of pre-loved school uniform. There is a blue container in our school reception area which has details of uniform requested where items can be placed.
Thank-you!

Road Safety



To keep children safe, please ensure that children are taught how to cross the road safely, especially outside school and where there is heavy traffic.
A reminder that drivers must not stop on the yellow lines outside of the school.

Snacks



Many thanks for sending your children in with fruit and vegetables for snack times and for remembering not to send your children in with nut related products.

Grapes and cherry tomatoes should be sent cut into quarters length-ways to avoid choking.

PARENT INFORMATION

PE TIMETABLE

Year group	PE Day	PE Day
Year 3 - Alpha	Tuesday	Friday
Year 3 - Omega	Tuesday	Friday
Year 3 - Genesis	Tuesday	Friday
Year 4 - Aurora	Wednesday	Thursday
Year 4 - Alina	Wednesday	Thursday
Year 4 - Vesper	Wednesday	Thursday
Year 5 - Lunar	Wednesday	Thursday
Year 5 - Solar	Wednesday	Thursday
Year 5 - Stellar	Wednesday	Thursday
Year 6 - Aviary	Tuesday	Friday
Year 6 - Arboreal	Tuesday	Friday
Year 6 - Aquarium	Tuesday	Friday

HOMEWORK GRIDS

Year 3, 4 and 5 homework grids for Spring term are live on the website and they can be found under Home Learning section. Year 6 homework has been sent home this week. This is due back to their class teacher on Tuesday.

Congratulations Miss Gavin!



We're very proud to be celebrating our wonderful teacher, Miss Gavin, graduating with a BA (Hons) in Applied Education Studies.



Dinner Money

Please top up dinner money payments in advance of your child having school dinner.

The cost of school dinners is as follows:
£2.75 per day or £13.75 per week.

If you have a query relating to dinner money payment, you can contact the finance team on:

schooldinner@wenlockacademy.co.uk

YEAR 3 AND 4

MOVIE NIGHT



TUESDAY 4TH FEBRUARY 2025

3:45 - 6:15

£3.50 A TICKET

Includes a bag of sweets



YEAR 5 AND 6
MOVIE NIGHT



THURSDAY 6TH FEBRUARY 2025

3:45 - 6:15

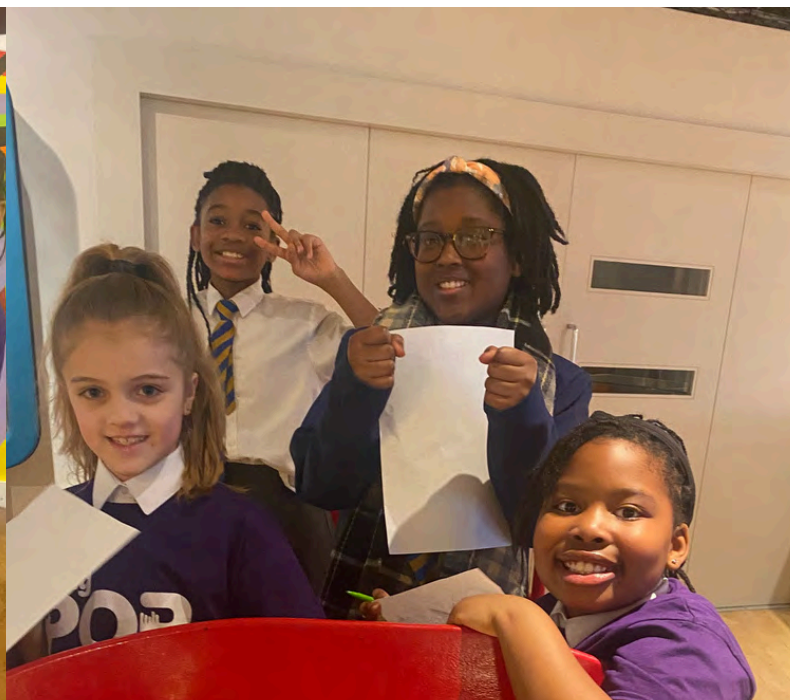
£3.50 A TICKET

Includes a bag of sweets



iSing POP

On Wednesday the 22nd January, Mr Hudson and Ms Gavin accompanied four of our talented choir children to Hackney in London where they performed alongside other children from the Diocese of St. Albans Multi-Academy Trust at a national conference. Their performance was supported and led by iSing pop. The children had an amazing day and performed beautifully. We are very proud of them!



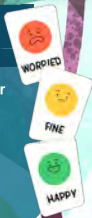
10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



#WakeUpWednesday

The National College

HUMANS OF
LUTON

Don't bin them, recycle your old electricals

Anything with a plug, battery
or cable can be recycled and
turned into something new.

Bag up your electricals and
bring them to your school.
The school with the most
electricals collected will
have a chance to win a
cash prize!

Scan or search 'Recycle Your Electricals'
to find your local recycling points.



Together with

Luton



PERSEVERANCE

HOME SCHOOL VALUES

This term we will be focussing in school on the value PERSEVERANCE. We hope your family will find these ideas helpful as you explore the value and have fun together.

Talk Together about Perseverance

Teachers often say that perseverance is something that many children find difficult.

Very little that is really worthwhile in life can be achieved without perseverance. An athlete may train for years before they are ready to compete at the highest level. A musician must practice every day, sometimes for hours at a time, if they are to really master their instrument.

- How would each family member rate themselves on a scale of 1 - 10 at perseverance?
- Can you give an example of something you have achieved by determined perseverance?
- Is there a skill that you think you could improve with perseverance?



read Together ...

The Widow Who Never Gave Up

There was once a judge living in a town just like this one, said Jesus to the crowd of people who were listening to him and hanging on his every word.

This judge did not care much about God or justice. The crowd muttered to one another and smiled knowingly, they all knew judges like him! A poor widow, called Sarah, lived in the same town. She was being treated badly by her neighbour who was making her life very difficult indeed.

Sarah went to the judge to ask him to hear her case and give her justice.

At first the judge tried to ignore her. Silly old woman he thought. Why won't she leave me alone. Doesn't she realise that I have more important things to deal with?

But Sarah persevered. You are my only hope she told the judge. You must help me. Day after day she went to see him.

In the end, the judge was so exasperated that he thought to himself I will never get a minutes peace unless I help this old woman.

Finally he let her explain to him the problems that she was facing and agreed that Sarah's neighbour was indeed behaving very badly and must be made to stop at once. Sarah's perseverance paid off and eventually she got the justice she deserved.

So keep persevering and keep praying said Jesus to

the crowd.

Bible story based on Luke 18:1-8



R	X	W	U	E	E	G	D			U	J	k	O
O	S	M	E	L	B	O	R			P	N	F	F
C	N	E	I	G	H	B	O			U	R	R	W
F	E	C	I	T	S	U	J			k	R	A	B
P	N	C	Q	Y	N	V	P			H	E	T	S
P	E	R	S	E	V	E	R			A	N	C	E
B	H	O	P	E	S	P	A			P	Z	C	F
L	W	Y	A	D	S	A	E			T	L	H	V
L	M	R	U	S	U	F	R			E	I	E	H
B	G	A	W	T	Q	A	D			A	k	I	H
J	W	O	D	I	W	X	N			V	H	S	R
P	I	G	N	O	R	E	L			A	F	E	J

Think Together Words of Wisdom

"If at first you don't succeed try, try and try again."

W.E. Hickson



Ask each member of the family to write (on identical pieces of paper) a challenge that will require perseverance to complete. Fold the paper 4 times and place it in a bag with the others. Invite each person to place their hand into the bag (whilst looking the other way) and pick out a challenge which they have one week to complete. (Think carefully about the challenge you set and if possible make it a worthwhile and useful thing to do).



hall of FaMe

Prince George

Prince George, later to become king George VI, had always been shy and had developed a stammer, which meant he could not speak for very long without struggling to say the words he wanted to say.

His elder brother, Edward, was very different. He was confident, loved to be the centre of attention and was destined to become king of England. But soon after the coronation, king Edward announced that he was going to abdicate – to give up being king. His younger brother would now become king in his place. George was horrified! He felt sick with fright. Now he would be expected to deliver speeches and give radio broadcasts to millions! How would he be able to do this with his dreadful stammer? But George knew that it was his duty to serve his country.



He knew that he must overcome his fears and do his very best. He employed an Australian speech therapist to help him and with perseverance and great courage George was able to face the challenges ahead. When war was declared in 1939 king George gave a famous speech. He comforted and encouraged his people and won everyone's respect because they knew how brave he was being.



hoMe-school challenge



Mosaics are one of the oldest ways to make art. People have been arranging tiny coloured pieces of glass or pottery for thousands of years to create beautiful designs. But the process is time consuming and needs lots of perseverance. This term's Home-School Challenge is to make a mosaic picture (no bigger than A3 – 29x42cm) using small pieces of coloured paper. The subject of your mosaic is up to you. It could be a pattern or a picture.

All the pictures submitted will be displayed in our school Challenge Gallery.



FascinaTing Facts

Perseverance in the Natural World

Many birds show remarkable perseverance as they build their nests, piece by piece often in cold, wet and windy weather and at risk from predators.

The long-tailed tit is just one example. Weighing just 9g, this little bird takes 3 weeks or more to build a nest. The oval shaped nest is made from moss, cobwebs and hair, covered on the outside with lichen and lined with up to 2000 tiny feathers!

