



Wenlock's Weekly Round Up

'With God's love, we are lights for the world'

This months Value is:

GENEROSITY



Friday 29th September 2023

Key dates

Monday 2nd October	Bishop of Bedford Celebration Event
Thursday 5th October	Year 4 Aurora Class Swimming Lesson
Thursday 12th October	Year 4 Aurora Class Swimming Lesson
Monday 16th October	Athlete Sponsored Visit
Wednesday 18th October	School Photographer visit
Thursday 19th October	Children celebrate Harvest at church (more to follow)
Thursday 19th October	Year 4 Aurora Class Swimming Lesson
Friday 20th October	Inset Day—School closed
Monday 23rd October	Half Term Holiday
Monday 30th October	Inset Day—School closed
Thursday 2nd November	Year 4 Aurora Class Swimming Lesson
Thursday 16th November	Year 5 & 6 Cinema Trip (more details to follow)
Thursday 23rd November	Year 3 & 4 Cinema Trip (more details to follow)

Working at Wenlock

We are currently recruiting for a Pastoral Support Worker. If you feel that you have what it takes to support our children to achieve their full potential please click on the link to find out more.

<https://www.mynewterm.com/jobs/149542/EDV-2023-WCA-09761/api-feed-referral>

End of the day:

Please remember that class teachers are available to discuss anything you want to check or query at collection time on the playground; they may also want to speak with you.

We will always put the safety of your children first, so we ask that you wait to the side to allow class teachers to dismiss the remaining children to ensure they are collected safely before we can speak to you. Class teachers will then approach you once the class is dismissed. You may need to wait a few moments for the teacher's full attention, and we appreciate your patience.

Attendance

Well done to Alina Class who achieved the highest attendance last week at 97.77%

The attendance for the whole school was 95.73

Our School target is 97%

Please respect cars in the school carpark at drop off and pick up time. There have been cases of parents leaning against our visitors/staff cars and some damage has been caused.

With God's love in our hearts, we are eager to reach our goals and stretch our limitless imaginations to build our futures and create aspiring leaders. Everyone is welcomed and respected for their unique contributions as we flourish and grow. Our Christian values help us to keep safe, go above and beyond to build the

PARENT INFORMATION

PE Days

Year group	PE Day	PE Day
Year 3 - Alpha	Tuesday	Friday
Year 3 - Omega	Tuesday	Thursday
Year 3 - Genesis	Tuesday	Thursday
Year 4 - Aurora	Tuesday	Thursday
Year 4 - Alina	Tuesday	Thursday
Year 4 - Vesper	Tuesday	Thursday
Year 5 - Lunar	Monday	Wednesday
Year 5 - Solar	Wednesday	Friday
Year 5 - Stellar	Wednesday	Thursday
Year 6 - Aviary	Wednesday	Friday
Year 6 - Arboreal	Monday	Wednesday
Year 6 - Aquarium	Wednesday	Thursday

Petition for Speed Bumps

Some people who live in the local community are requesting to the council that speed bumps be placed in the local roads around the school.

There have been a lot of speeding vehicles lately and there is concern that it's only a matter of time before there is an accident.

If you wish to sign a petition, please do pop into the school office.

Thank you.

School Inset Days

Please note that upcoming Inset days are as follows:

Friday 20th October and Monday 30th October.

The school will be closed on these days.

Macmillan Cake Sale

Thank you for your support for the cake sale last Friday.

An amazing £118.14 was raised and will be sent to Macmillan Cancer Research.

Road Safety Week

Children are invited to design a Road Safety Banner based on the theme for this year's BRAKE Road Safety Week.

Please click on the following link:

<https://recognition-express.com/wp-content/uploads/2023/08/Design-a-Road-Safety-Banner.pdf>

We have hard copies in the school office should one be required.

Dinner money

Please top up dinner money payments in advance of your child having school dinner. The cost for school dinner is as follows: £2.40 per day or £12.00 per week.

If you have a query relating to dinner money payment, you can contact the finance team on schooldinner@wenlockacademy.co.uk

Values homework

Please see below and earn 5 house points!

Online Safety

For e-safety support and advice please click on this [link](#) Please click on the links below for more information on e-safety.

[Think you know](#)

[Disney Wild](#)

[About Safety](#)

[Smartie The Penguin](#)

[Childnet Safety Internet](#)

[A useful guide to apps to help keep your child safe online](#)

Emailing the School Office

Please can we remind families that when emailing the school or leaving a message on the answerphone that you give your child's full name and their class and/or their teacher.

If you do not provide these details, it will lead to delays in answering or forwarding your queries.

You can report your child's absence by calling 01582 730624 and pressing option 1 or via email on attendance@wenlockacademy.co.uk

A message from Lealands High School

Dear Parent/Carer, I am delighted to invite you and your son/daughter to Lealands High School's Prospective Parents Open Evening. This evening provides you with an important opportunity to tour the school and meet our staff and students before you make your decision regarding your child's secondary education next September. Lealands is a successful and dynamic school which offers all students the opportunity to fulfil their potential academically and personally. The event will take place on Wednesday 4th October. If you wish to attend and experience what makes Lealands so special, please scan the QR code below with a mobile device camera or visit our school website www.lealands.luton.sch.uk for details on how to book yourself onto one of our tours. Please arrive 10 minutes before your booked tour start time. Due to the high number of people who will be attending the evening, please be aware that school car parking space is limited. We would be grateful if you could avoid arriving by car, however car parking space will be available in the main school car park next to the astro turf football pitch. We look forward to meeting you and your child at the Open Evening when you will be able to see for yourselves the extensive range of educational activities and opportunities available to Lealands' students.

Yours sincerely

Mr J Burridge

Headteacher

Our school video, virtual tour and digital school prospectus are available at: www.lealands.luton.sch.uk



Lealands
High School

www.lealands.luton.sch.uk



LEALANDS HIGH SCHOOL OPEN EVENING

4PM - 8PM

- Explore our school and immerse yourself in our modern facilities.
- Meet our wonderful students and dedicated staff.
- Discover our rich and diverse curriculum
- learn about our values and ethos.



WEDS
4
OCT

Contact Us
01582 611600
admin@lealands.luton.sch.uk

*Excellence
Responsibility
Respect*

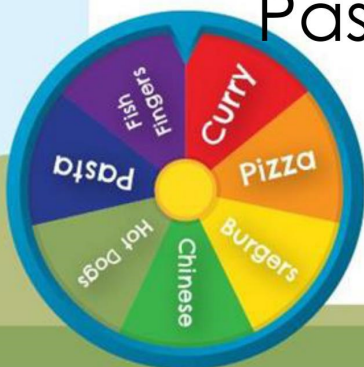


Tell us your
FAVOURITE
MEAL

Thursday October 5th

Burger in a Bun
or
Veggie Hotdog
with
Hash Browns
Peas
and
Iced Sponge

Jacket Potato & Tomato
Pasta is also available



Online Safety Update

What Parents & Carers Need to Know about **THE DANGERS OF VAPING**

Data collected for ASH (Action on Smoking and Health) shows an increase in 11 to 17-year-olds experimenting with vaping: from 7.7% in 2022 to 11.6% in 2023. It's concerning that these age-restricted products are getting into the hands of under 18s as most contain nicotine, which can be detrimental to brain development and cause long-term addiction. Some schools have reported students having their focus in lessons affected by nicotine cravings; vaping in school toilets; and even trying vapes found in their local park. Raising awareness of the risks among young people could help to prevent these problems from escalating and reduce the number of young vapers.

WHAT ARE THE RISKS?

NICOTINE ADDICTION

Since they were initially developed to help people stop smoking, the vast majority of vape liquids contain nicotine. Not only is this a highly addictive stimulant, but it can also have detrimental effects on brain development in the under-25s. Nicotine can decrease the ability to pay attention, weaken impulse control, affect mood and increase the likelihood of substance addiction as an adult.

WHAT IS VAPING?

Vapes contain a liquid (vape juice/e-liquid) that is heated by a battery and evaporates, creating a chemical vapour which the user inhales. They can be **disposable** (once the liquid or battery runs out, the vape is thrown away) or **rechargeable** (the user replaces the liquid and recharges the battery on demand). Most vape liquids contain nicotine and other chemicals.

LACK OF AWARENESS

A proportion of young people tend to view vapes as harmless, mainly because of the products' appearance and the perception (often strengthened on social media) that "vaping is cool" and on trend. In many instances, young people don't fully appreciate the concept of addiction: that is, they aren't adequately aware of the risk of becoming hooked on nicotine before trying a vape.

POTENTIAL TOXICITY

Many vape liquids have been found to contain 'heavy' metals such as lead, tin, nickel and (in some cases) mercury – all of which are toxic. These metals often take the form of tiny shards inside a device's liquid tank, which are then inhaled into the body. Some media reports have suggested these metals are particularly prevalent in illegally imported vapes which don't comply with UK regulations.

UNCLEAR LONG-TERM CONSEQUENCES

The liquids in vapes also contain solvents, which can create carcinogens at the point of evaporation. Vapes were only introduced into the UK in 2005 – and, because of the relatively short timeframe involved, there is insufficient medical evidence to assess the long-term harms that regular inhalation of these chemical fluids might have on the human body.

ATTRACTIVE PACKAGING

The packaging of many disposable vapes is very appealing to young people, frequently echoing the colours and flavours of the sweets or fizzy drinks they're used to buying. There's a relative lack of regulation around vape marketing, and vaping is often depicted positively on social media – which can lead young people to develop favourable views of vaping and overlook the possible harms.

ENVIRONMENTAL EFFECTS

In the UK alone, around 1.3 million disposable vapes go to landfill every week. Due to such significant numbers of these products not being recycled, their components – a lithium battery and a chemical liquid – pose a toxic risk to the environment, the ecosystem and wildlife. Vapes are also predominantly made of plastic and metal; materials that, of course, do not naturally decompose.

WIDER HEALTH CONCERNS

Studies are already showing a link between vaping and oral health problems such as tooth decay and gum disease. This is because vaping reduces the amount of saliva in the mouth, while increasing bacteria – resulting in bad breath and a build-up of plaque. There are also concerns that, in some users, vaping could lead to the development of asthma, a persistent cough and breathing difficulties.

UNREGULATED VAPING PRODUCTS

The number of retailers willing to sell vapes to under-18s is a worry, as the chance of these products being unregulated (and therefore containing illegal chemicals and higher levels of nicotine) is high. A related concern is that the mechanisms inside unregulated products are unlikely to have been tested and safety checked – presenting a possible fire risk if the liquid and battery come into contact.

SCARCE INFORMATION

The lack of information about the ingredients and potentially harmful chemicals in a vape is troubling. Some vape fluids (unregulated in the UK) contain traces of nuts, which can cause an allergic reaction or anaphylactic shock. To date, medical warnings aren't required on vape packaging – with only medical disclaimers being found on the websites of the various brands.

VAGUE INGREDIENTS LISTS

Early research has suggested that the chemicals used to produce some strawberry and banana flavour e-liquids can kill cells in the blood vessels and heart. These ingredients aren't identified on the packaging, instead falling under the umbrella term 'natural and artificial flavourings'. Such vague listings mean that consumers aren't aware of the liquid's content so can't identify potential risks.

Meet Our Expert

Run by the Cambridgeshire and Peterborough Healthy Schools Service (commissioned by Cambridgeshire County Council and Peterborough City Council), Catch Your Breath is a school-based project aimed at young people. Its goal is to embed a proactive, coordinated approach among both primary and secondary schools in discouraging smoking and vaping behaviours.



HEALTHY SCHOOLS
CAMBRIDGESHIRE & PETERBOROUGH

The National College

GENEROSITY

HOME SCHOOL VALUES

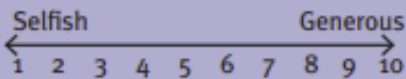
This term we will be focussing in school on the value GENEROSITY. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER about Generosity

When we think about **generosity** we usually think about being **generous** with money or possessions. However, we can also be **generous** with our time, our gifts and our abilities.

Generous people often say that they receive much more than they give. Perhaps this is because when someone is **generous** to us, it makes us want to be **generous** in return. The opposite of being **generous** is being selfish. What kind of person would you prefer to have as a friend?

- How would you describe yourself on this scale?



- Where would other members of your family put you on the scale and what are their reasons?
- Who is the most **generous** person you know?



READ TOGETHER...

The Widow's Mite

Jesus had been teaching in the Temple. But now he sat down near the treasury and watched as the many visitors to the Temple passed by and dropped money into the collecting box to help with God's work.

The rich men dressed in fine robes threw in handfuls of coins as they passed, without a thought. But then a poor widow came by, paused, and placed just two mites (tiny coins) into the box.

Jesus called his disciples to him and told them what he had seen.

Then he said to them, "Let me tell you, this poor widow gave more than all those people who threw many coins into the treasury. The wealthy men gave just a small part of their riches which made no difference to them. But the widow gave all that she had."

You see, God is more interested in what is in the heart of the giver than the size of their gift.

Bible story based on Mark 12:41-44



A Mite in Jesus' time was a small brass coin worth 1/128th of a denarius. Typically a labourer was paid 1 denarius for a day's work.

In Britain, many years ago, a coin called a mite was in general use and worth half a farthing, a very tiny amount of money.

THINK TOGETHER Words of Wisdom

"God loves a cheerful giver"
2 Corinthians 9.7

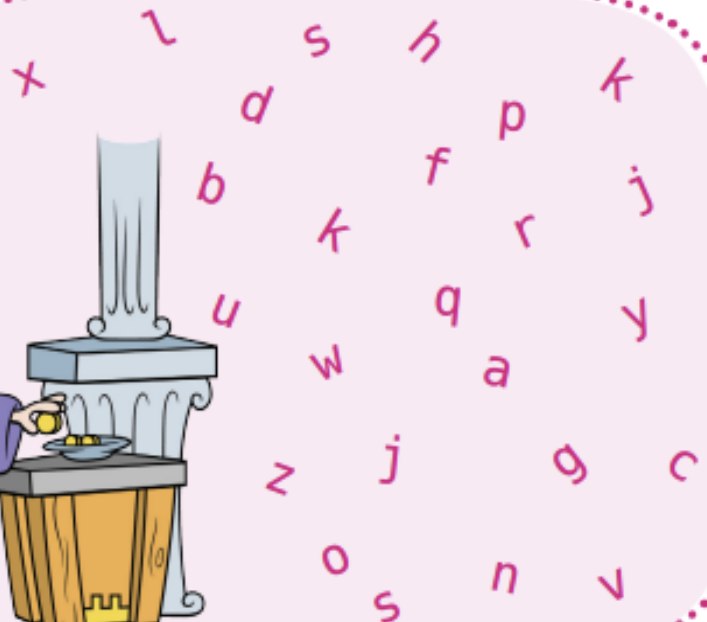
New King James Version® of the Bible



? QUIZ

Lost Letters

Which letters are missing from the alphabet? Arrange them to make a word from the story.



☆ HALL OF FAME

A Generous Saint

Nicholas grew up long ago in a poor part of Turkey. His father earned just enough to provide for the needs of his family but many people in the town were extremely poor.

One day something extraordinary happened. A wealthy relative, who Nicholas barely knew, suddenly died and left him a vast fortune. Overnight Nicholas became rich, so rich that he felt very uncomfortable about having so much money when many of the townsfolk barely had enough to eat. But Nicholas knew that the families were proud and they would not want to accept money that they had not earned. He needed to find a way to help them in secret.

So in the dark of night, Nicholas crept through the town leaving parcels of food, clothing and money for the families most in need. He helped one family with three daughters several times. The father was so curious about the mysterious benefactor, that he was determined to stay awake and discover who was being so **generous**. As Nicholas quietly left his gift at the door of their tiny home the man leapt out and chased Nicholas until he finally caught up. Nicholas was embarrassed and begged the man not to give away his secret. The father promised. But he was so happy and grateful that he just couldn't help telling people, and soon the whole town knew about Nicholas' **generosity**.

Nicholas continued to live in the same town and he continued to be **generous** to every one in need. Every December he rewarded the children who had been good during the year by secretly delivering presents whilst they were asleep. To this day Nicholas is remembered in countries across the world when children receive gifts on December 5th, St Nicholas' Day.



HOME-SCHOOL CHALLENGE



The Generositree

The fruit of the generositree are blessings.

Think of something **generous** that you could do that would bless someone and make them happy. Then do it.

Design and make a colourful exotic looking fruit to represent the blessing and take it to school to hang on the Generositree.



FAMILY FOCUS

Secret St Nick

Each member of the family could decide on someone that they think deserves a special present. Find some pots for each person and begin to save a small amount each week.

When December comes buy presents that will make your special person smile or that they will find useful. Wrap the gifts as creatively as you can and write their name on a homemade label. Deliver in secret on 5th December, St Nicholas' Day.



FASCINATING FACTS

Leading the Pack

Lieutenant Baden-Powell was a brave soldier in the British Army and served in India and Africa. He was an expert in wilderness survival skills, like hunting, making fires and building rafts. To help new soldiers he wrote a small manual. A version of this became 'Scouting for Boys' and gave him the idea of setting up the Scouting movement.

Today, worldwide, millions of children and young people are Scouts, Cubs, Beavers, Guides, Brownies or Rainbows.

- In the UK over 160,000 volunteers run Scouting and Guiding groups
- They **generously** give over 20 million hours of service each year
- Many parents also use their skills to help children to earn badges

